

IN THE CLAIMS:

1. **(Currently Amended)** An actuator comprising a helical spring ~~having a plurality of windings around spindle, a worm wheel connected to the spindle by a spline,~~ a plastic cylindrical element which is rotatable at least during reversed movement, ~~said a helical spring being tightened having a plurality of windings around the plastic cylindrical element for tightening~~ around the cylindrical element during reversed movement, and a metal insert inside the cylindrical element for carrying off frictional heat generated during the reversed movement, ~~the metal insert being connected to cooling faces of metal and the spline being formed in the insert so that there is direct contact between the insert and the spindle.~~

2-3. **(Cancel)**

4. **(Previously Presented)** An actuator according to claim 1, including a collar in intimate contact with an outer side of the spring for carrying off heat, said collar being made of a more heat-conducting material than the spring.

5. **(Previously Presented)** An actuator according to claim 4, wherein the collar essentially covers the entire outer side of the spring.

6. **(Previously Presented)** An actuator according to claim 5, wherein the collar is connected with metallic cooling faces.

7. **(Canceled)**

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